

# ADD/ADHD Evaluation

Please review the information below for the documentation needed in order to evaluate your child for possible ADD/ADHD.

There are two options available to you for evaluation and treatment of your child's ADD/ADHD. Please review each option to see which would most beneficial to you and your child.

## **OPTION 1:**

Your child will need a comprehensive evaluation and testing done to determine treatment. You can get this done by a pediatric neurologist or developmental pediatrician. They will be able to diagnose and prescribe medication, if needed, for your child.

The following is a list of physicians that we recommend. It is your responsibility to determine insurance coverage and verification for your visit.

Charles M. Rios, M.D.	Developmental Pediatrics	972-434-4445
Robert Chudnow, M.D.	Texas Child Neurology	972-769-9000
David Owen, M.D.	Dallas Pediatric Neurology Associates	972-566-8600

## **OPTION 2:**

You can have your child evaluated by a licensed psychologist and the following testing done but medication and treatment will be done in our office based on the recommendation of the psychologist.

All forms and test results need to be completed and returned to our office **prior** to your child's appointment with us. This will allow the physician time to review all documentation before examining your child in our office.

Your child will need a comprehensive evaluation performed by a licensed psychologist. You may investigate having this testing done by the school. Be sure when you schedule your appointment with the psychologist or the school that the following tests will be included in the evaluation:

- IQ Testing
- Screen for learning differences
- Consideration of an affective disorder

It is recommended that the parent fill out the NICHQ Vanderbilt Assessment Scale for Parent. If you want your spouse to also complete the form, please copy your original and provide to him/her. You will also need the child's primary teacher to complete the NICHQ Vanderbilt Assessment Scale for Teacher. These forms are enclosed with your package.

The following is a list of psychologists that we recommend. It is your responsibility to determine insurance coverage and verification for your visit.

Susan Istre, PhD, LPC	972-404-3001
Ray Levy, PhD., PC	972-407-1191
Peggy McMahon, PhD.	214-923-6778
Susan Fletcher, PhD.	972-612-1188
Thomas A. Van Hoose, PhD., P.C.	972-250-2919
Whitehead & Associates	972-394-0191

We have also attached a list of books we recommend for additional information on ADD/ADHD.

If your child requires the use of medication for ADD/ADHD, the doctor will start with a trial of medication for one month. We will have the child return to the office at approximately 3 weeks after starting medication to evaluate your child's progress.

Once the dosage of medication is established for the child, we require a nurse visit at the office every 3 months for a weight, height and blood pressure check. Every 6 months, the child is required to see the doctor to review the child's progress.

Parents are required to give the office at least 3 days notice for a refill of their medication. The parent will need to pick up the prescription from our office during office hours, this medication cannot be called into your pharmacy. Prescription refills will not be written if less than 72 hours notice is given.

When your prescription has been filled, please count the number of pills dispensed. If your pharmacy does not fill the prescription as written by your doctor, the parent is responsible for notifying the pharmacist to call our office to report that the prescription was not filled as written. If our office has no documentation from your pharmacist of this error, we cannot write for further doses of medication.