

West Plano Pediatrics

Policy for ADD/ADHD Prescription Management

- Initial evaluation requires an office visit for an interview with parents and an exam for your child. Please bring any test results or previous evaluations done at another office.
- If the appointment is for a first time evaluation to investigate the possible diagnosis of ADD/ADHD for your child, both parents and teachers will need to complete a survey about the child's behavior. Part of the comprehensive evaluation for ADD/ADHD is to have formal IQ testing done for the child. You may investigate having this testing done by the school district or by a private psychologist/psychiatrist.
- In treating ADD/ADHD, the doctor will start with a trial of medication for one month. We will have the child return to the office at approximately 2-4 weeks after starting medication to evaluate your child's progress.
- Once an appropriate dosage of medication is established for the child, we require a nurse visit at the office every 3 months for a weight, height and blood pressure check. Every 6 months, the child is required to see the doctor to review the child's progress.
- **Parents are required to give the office at least 3 days notice for a refill. Prescriptions cannot be written if less than 72 hours notice is given. Refills are not available after office hours – no exceptions. Parents having the doctor on-call paged for refills will be responsible for a \$30.00 service charge for a non-emergent call.**
- When your prescription has been filled, please count the number of pills dispensed. If your pharmacy does not fill the prescription as written by the doctor, the parent is responsible for notifying the pharmacist to call our office to report that the prescription was not filled as written. If our office has no documentation that a call was received from the pharmacist, we cannot write for further doses of Ritalin.
- We do not write prescriptions for a 90 day supply to be mailed. The medication prescribed is a controlled substance and warrants careful handling best delivered by the local pharmacies.